



AMALA COLLEGE OF NURSING

AQAR (2023-2024)



CRITERION 5 – STUDENT SUPPORT AND PROGRESSION

Key Indicator 5.3–Student Participation and Activities

Metric No. 5.3.3- Number of sports and cultural activities/competitions organized by the Institution during the year

SUBMITTED TO



National Assessment and Accreditation Council



Institutional Cultural Activities

AMALA COLLEGE OF NURSING

An Undertaking of Amala Cancer Hospital Society

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The First Nursing College with NAAC A-Grade in the First Cycle (RAF)

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Institutional Cultural Competitions 2023-2024

SL NO	Date	Item	Name	Award
1.	05/06/23	World environment day -Mobile photography contest	Blessymol Thomas-2021	First
			Santo P.T-2022	Second
			Alphonsa Sebastian-2020	Third
2.	09/06/23	Reading week-quiz competition	2021 batch	First
			2019 batch	Second
			2020 batch	Third
3.	19/06/23	Reading week-Story writing malayalam	Nishana M.A-2020	First
			Binju Devassia -2019	Second
			Jimmymol-2020	Third
			Divina -2020	
		Story writing-English	Merin Shaju -2019	First
			Aleena Shaji -2020	Second
			Hiba K.M-2019	Third
4.	20/06/23	Reading week-reading competition	Geethu -2022	First
			Dani -2021	Second
			Ayana -2021, Tinu -2020	Third
5.	22/06/23	Reading week - Minute to win Extempore malayalam	Alphonsa -2020	First
			Ayana -2021	Second
			Merin Shaju -2019	Third
6.	15/08/23	Independence day celebration-Slogan writing competition	Sandra benny-2019	First

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7.	14/09/23	Celebrating success of chandrayan landing Story telling competition	Sandra benny-2019	First
			Ayana Baby- 2021	Second
		Quiz competition	Sheen Mariya Jose-2019	First
			Binju Devassia -2019	
8.	25/9/23	On the Spot Painting	Mahima Joncy-2021	Second
			Jesmi Jose-2021	
			Jenifer Thadikkaran Gigo - 2022	First
		Essay Writing - English	Alina Mariya Augusty - 2019	Second
			Pritty Mary Prakash - 2019	Third
			Jesmi Jose - 2021	First
		Essay Writing - Malayalam	Jimymol M Giji - 2020	Second
			Maria K Darlin - 2019	Third
			Ayana Baby - 2021	First
9.	26/9/23	Pencil Sketch	Esther Biju - 2021	Second
			Aiswarya K S - 2019	Third
			Irine Rose Josey - 2020	First
		Cartoon Drawing	Harsha P Jiji - 2021	Second
			Minta Rose - 2019	Third
			Merlin James - 2018	First
			Johncy K Johnson - 2020	Second
			Alwin M .Thomas - 2020	Third
		Story Writing - English	Maria K Darlin - 2019	First
			Irin Rose Josey - 2020	Second

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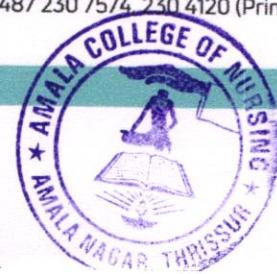
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			Ashams Roy - 2020	Third
Story Writing - Malayalam			Maria K Darlin - 2019	First
			Esther Biju - 2021	Second
			Santo P T - 2022	Third
Story Writing - Hindi			Harsha P Jiji - 2021	First
			Hiba K M - 2019	Second
			Irine Rose Josey - 2020	Third
Poetry Writing - English			Sandra Benny - 2019	First
			Angel Rose Shaji Valayil - 2020	Second
			Merin Shaju - 2019	Third
Poetry Writing - Malayalam			Neethu Benny - 2021	First
			Shibily Rasfin - 2019	Second
			Tinu James - 2019	Third
Poetry Writing - Hindi			Hiba K M - 2019	First
			Alina Mannanal Gigi - 2020	Second
			Maria K Darlin - 2019	Third
10	1/10/23	World Oldage day celebration Selfie contest	Alphonsa Sebastian-2019	First
			Mohammed farzeen P-2021	Second
			Jestin M.D-2022	Third
11	3/10/23	Poster Presentation	Hiba K M - 2019	First
			Johncy K Johnson - 2020	Second
			Thasnim - 2022	Third
12	4/10/23	Poster Presentation-2 (First aid in digital world)	Sindrella Paul - 2019	First
			Alwin.M.Thomas - 2020	Second
			Blessymol Thomas - 2021	Third
		Scientific paper presentation	Maria K Darlin - 2019	First
			Irene Rose Josey - 2020	Second
			Ayana Baby - 2021	Third

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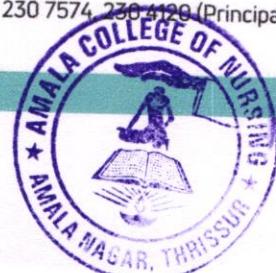
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		Quiz	Anna Mariya Johnson - 2020	First
			Binju Devassia - 2019	Second
			Jesmi Jose - 2021	Third
13	5/10/23	Elocution - Malayalam	Ayana Baby - 2021	First
			Aleena John - 2022	Second
			Aleena Shaji - 2020	Third
		Extempore - Speech - English	Alina Mannanal Gigi - 2020	First
			Ayana Baby - 2021	Second
			Merin Shaju - 2019	Third
		Recitation - English	Jenifer Thadikkaran Gigo - 2022	First
			Merin Shaju - 2019	Second
			Aleena Shaji - 2020	Third
		Recitation - Malayalam	Aparna P - 2022	First
			Anjitha Shaji - 2020	Second
			Krishnapriya C S - 2021	Third
		Solo Song - Girls	1. Thasnim P S - 2022	First
			2. Geethu Aloysius - 2022	Second
			Hridhya Vinod - 2021	Third
		Solo Song - Boys	Yatin Varghese Puthuran - 2022	First
			Abin Babu - 2021	Second
		Mimicry	Sindrella Paul - 2019	First
			Alphonsa Sebastian - 2020	Second
			Liya Charly - 2020	Third
		Debate	Geethu Aloysius - 2022	First
			Merin Shaju - 2019	Second
			Mahima Johncy - 2021	Third
		Fancy Dress	Shibily Rasfin - 2019	First
			Sharon Thomas - 2019	Second

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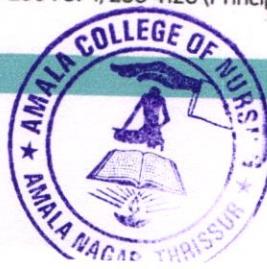
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			Arya M Arun - 2022	Third
Personality Contest - Girls			Alina Mannanal - 2020	First
			Mahima Johncy - 2021	Second
			Aiswarya Shaji - 2022	Third
Personality Contest - Boys			Alwin. M .Thomas - 2020	First
			Santo P T - 2022	Second
			Nirosh - 2022	Third
Spot choreo			Arya M Arun - 2022	First
			Harsha P Jiji - 2021	Second
			Nova Elizabeth Tom - 2019	Third
14 6/10/23	Group song		Gladis Mariya A C - 2019	First
			Krishnapriya C S - 2021	Second
			Riya Jose - 2020	Third
	Nadanpatt		Anntreesa M P - 2019	First
			Riya Jose - 2020	Second
			Hridhya Vinod - 2021	Third
	Mime		Margaret James - 2019	First
			Shelby - 2022	Second
			Johncy K Johnson - 2020	Third
	Skit		Sindrella Paul - 2019	First
			Eldhose Reji - 2020	Second
			Santo P T - 2022	Third
	Group Dance		Hridhya Vinod - 2021	First
			Johncy K Johnson - 2020	Second
			Hiba K M - 2019	Third
	Health Play		Ayana Baby - 2021	First
			Alina Mannanal Gigi - 2020	Second
			Maria K Darlin - 2019	Third

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		Sargaprathiba	Maria K Darlin - 2019	
		Kalaprathiba	Alina Mannanal Gigi - 2020	
15	20/10/23	Innovation day celebration Essay writing competition	Santo P T-2022	First
			Jimymol M Giji-2020	Second
			Salu Lovely Joy-2023	Third
16	31/10/23	Unity day celebration English elocution competition	Mahima Johncy 2021	First
			Hanna Merin Baby 2022	Second
			Elna A.s 2021	Third
			Jenifar Thadikaran Gigo 2022	
17	1/11/23	Interbatch Keralapiravi Quiz Competition	2020 batch	First
			2023 batch	Second
			2022 batch	Third
18	19/11/23	National Entrepreneurship Day Interbatch poster competition	Anu Anto-2021	First
			Aleena Mariya-2019	Second
			Sneha Tharakan-2021	Third
19	21/11/23	HIC week celebration Spot painting	Jenifar Thadikaran Gigo 2022	First
			Aparna p(2022)	
			Short film	Second
20	22/11/23	Stall competition	2020 batch	First
21	12/01/24	National Youth day Inter batch essay competition	Jesmi Jose(2021 Batch)	First
			Anu Anto (2021 Batch)	Second
			Yatin Varghese (2022 Batch)	
			Angel Mary (2023 Batch)	Third
			Nikitha Rose (2022 Batch)	
22	16/01/24	National Start Up Day Interbatch Pencil Drawing	Merlin James 2019 Batch	First
			Thasnim 2022 Batch	Second

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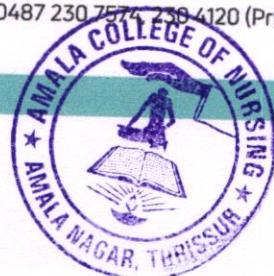
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		Competition	Jennifer Thadikkaran Gigo 2022	Third
23	05/02/24	World Cancer Day Quiz competition	Jimymol M Giji 2020 Batch	First
			Anna Mariya Johnson 2020batch	
			Aneesha Azeez 2023	Second
			Shalu Lovely Joy 2023 Batch	
24	28/2/24	National Science Day Science Quiz	Fathima Sherbin 2023	First
			Santo P T 2022	Second
			Alphonsa Sebastian 2020	Third
25	07/03/24	Women's Day Poster Competition	Jimymol M Giji(2020)	First
			Hridhya Vinod (2021)	Second
			Aparna P & Jennifer Thadikkaran Gijo (2022)	Third
26	14/03/24	World Kidney Day-Poster competition	Jimymol Giji of 2020 batch	First
27	22/03/24	World Water Day Poster competition	Anjana V P -2021	First
			Thasnim P S -2022	Second
			Jimymol M Giji -2020	Third
			Aparna P -2022	
28	07/04/24	World health day Essay writing competition	Aleena Shaji 2020	First
			Alphonsa Sebastian 2020	Second
			Alina Mannanal Gigi 2020	Third
29	22/04/24	International Earth Day Online Quiz Competition	Sweetna Thomas 2020	First
			Lansal Elizabeth Kuriakose 2021	Second
			Sona Paul 2020	Third
		Caption Writing Competition	Emil Martin 2021	First
			Amritha Johnson 2020	Second
			Mahima Johncy 2021	Third
30	15/05/24	Film Club: Box	2021 Batch	First

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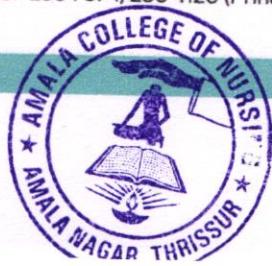
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		Office	2022 Batch	Second
		Dance video Competition	2023 Batch	Third
31	16/05/24	Dengue Day Poster Competition	Anu Anto-2021	First
32	17/05/24	World Hypertension Day-Elocution	Ayana Baby-2021	First
			Hanna Merin-2022	Second
			Esther Biju-2021	Third
33	27/05/24	Logo Design	Hudha N M-2023	First
			Anu Anto -2021	Second
			Santo PT-2022	Third
34	31/05/24	World No Tobacco Day- Caption writing competition	Abin Babu -2021	First
			Hudha N M-2023	Second
			Neethu Benny-2021	Third
			Santo PT-2022	

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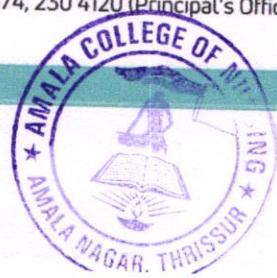
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Institutional Sports Activities

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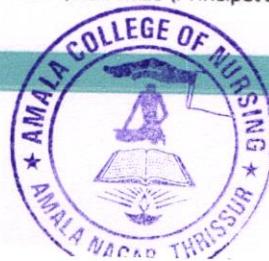
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Institutional Sports Activities

JWALA 2K23

SL.No	Date	Item	Name	Award
1)	02/12/23	100 Meters (Boys)	Yatin Varghese (2022)	1 st
2)			Justin (2022)	2 nd
3)		100 Meters (Girls)	Akhilamol Thomas (2020)	1 st
4)			Anntreesa M P (2019)	2 nd
5)			Rose Maria Antony (2020)	3 rd
6)		800 Meters (Boys)	Nidhin Francis (2020)	1 st
			Justin (2022)	2 nd
			Didhimos T P (2022)	3 rd
		800 Meters (Girls)	Anntresa M P (2019)	1 st
			Niya Grace (2019)	2 nd
			Amrutha Johnson (2020)	3 rd
		4* 100 (Girls)	2021 Batch	1 st
			2019 Batch	2 nd
			2022 Batch	3 rd
		200 Meters (Girls)	Anntreesa M P (2019)	1 st
			Nimiya Elizabeth (2020), Irene Jose(2022)	2 nd
			Angel Rose (2020)	3 rd

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7)	200 Meters (Boys)	Nidhin Francis (2020) Yatin Varghese (2022) Didhimos T P (2022)	1 st 2 nd 3 rd
8)	Shot Put (Boys)	Eldhose Reji (2020) ,Sharon Thomas (2019) Muhammed Kasim (2019) Didhimos T P (2022)	1 st 2 nd 3 rd
9)	Shot Put (Girls)	Aiswarya Shaji (2022) Anne Mariya Augustian (2021) Anunandha Mohan (2022)	1 st 2 nd 3 rd
10)	Discuss Throw (Boys)	Eldhose Reji (2020) Muhammed Kasim (2019) Didhimos T P (2022)	1 st 2 nd 3 rd
11)	Discuss Throw Girls	Shibily Rasfin K M (2019) Nova Elizabeth Tom (2019) Emitha Tomy (2019)	1 st 2 nd 3 rd
12)	Javelin Throw (Boys)	Muhammed Kasim (2019) Eldhose Reji (2020) Sharon Thomas (2019)	1 st 2 nd 3 rd

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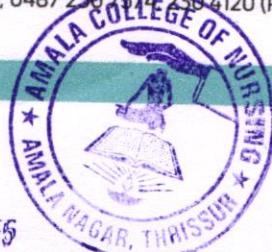
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13)	Javelin Throw (Girls)	Shaiha (2022) Surya R (2020) Nova Elizabeth Tom (2019)	1 st 2 nd 3 rd
14)	Marchpast	2019 Batch 2021 Batch 2020 Batch	1 st 2 nd 3 rd

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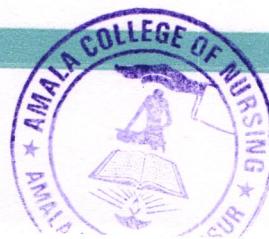
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Institutional Sports Activities

Badminton competition on 27/09/23

1.	27/09/23	Badminton - Singles (Boys)	Muhammed Kasim (2019) Aswin Jose (2022) Yatin Varghese (2022)	1 st 2 nd 3 rd
2.			Maria K Darlin (2019) Irene Jose (2022) Anne Maria Augustian (2021)	1 st 2 nd 3 rd
3.		Badminton - Doubles (Girls)	Maria k Darlin (2019), Angel Davis Pynadath (2019) Blessymol Thomas (2021), Annie Maria Augustine (2021) Amala Therese Saju (2022), Ameeliya Mariya Anto (2022)	1 st 2 nd 3 rd
4.		Badminton - Doubles (Boys)	Muhammed Kasim (2019), Sharon Thomas (2019) Nidhin Francis (2020), Eldhose Reji (2020) Amal Biju (2021), Abin Babu (2021)	1 st 2 nd 3 rd

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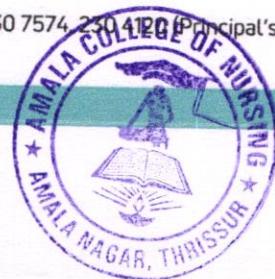
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Institutional Sports Activities

Chess Tournaments on 25/09/23

1.	25/09/23	Chess (Boys)	Nidhin Francis (2020)	1 st
			Mohammed Farzeen P (2021)	2 nd
2.		Chess (Girls)	Sharon Thomas (2019)	3 rd
			Neethu Benny (2021)	1 st
			Ameeliya Mariya Anto (2022)	2 nd
			Anju Bobby (2021)	3 rd

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Institutional Sports Activities

Carroms Competition on 26/09/23

1.	26/09/23	Carroms (Boys)	Justin M D (2022), Yatin Varghese (2022)	1 st
			Amal Biju (2021), Nirosh M J (2021)	2 nd
			Muhammed Kasim (2019), Sharon Thomas (2019)	3 rd
2.		Carroms (Girls)	Alina Mariya Augusty (2019)	1 st
			Amrutha Johnson (2020)	2 nd
			Nimisha P (2021)	3 rd

AMALA COLLEGE OF NURSING

An Undertaking of Amala Cancer Hospital Society

Affiliated to Kerala University of Health Sciences & Recognized by Kerala Nurses & Midwives Council & Indian Nursing Council (Certificate No. 18-16/2893-INC)

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